## Delaware Valley School District

2021-2022



Free Lunch and Breakfast

Menu Subject to Change							
Monday	Tuesday	Wednesday	Thursday	Friday	Daily Choices		
				l Pizza Garden Salad Veggies with Dip Mandarin Oranges/ Apple Slices	<b>Milk.</b> 1%, Skim, and Flavored Milk Available Daily		
4 Mac and Cheese Seasoned Veggies Apple Slices/Pears	5 Cheesy Beef Nachos with Lettuce, Tomato, and Salsa Seasoned Rice and Corn Churro Orange/Applesauce	6 Pasta with Meat Sauce Dinner Roll Steamed Broccoli Grapes/Peaches	7 Chicken Tenders Mashed Potatoes with Gravy Green Beans Banana/Pineapple	8 Pizza Caesar Salad Veggies with Dip Mandarin Oranges/ Apple Slices	Lunch Daily Alternates M: Chicken Nuggets T: Hot Dog W: Popcorn Chicken Th: Corn Dog Nuggets F: Chicken Patty		
II Columbus Day Recess	12 Turkey Bacon Sub Sandwich Baked Chips Juice Orange/Applesauce	13 Baked Ziti Broccoli Dinner Roll Grapes/Peaches	14 Brunch for Lunch Pancakes Ham Hash Brown Juice/Banana	15 Pizza Garden Salad Veggies with Dip Mandarin Oranges/ Apple Slices			
18 Hot Ham & Cheese on a Croissant Tater Tots Steamed Carrots Apple Slices/Pears	19 Walking Taco with Lettuce, Tomato, and Salsa Seasoned Rice and Corn Churro Orange/Applesauce	20 Cheese Raviolis Broccoli Orange/Pineapple	21 Grilled Cheese Tomato Soup Goldfish Cracker Banana/Pineapple	22 Pizza Caesar Salad Veggies with Dip Mandarin Oranges/ Apple Slices	Breakfast Milk, Juice, Fruit, and Assorted Breakfast Items Offered Daily.  THE USDA HAS		
25 Cheeseburger French Fries Baked Beans Steamed Carrots Apple Slices/Pears	26 Chicken Quesadilla Seasoned Rice Corn Orange/Applesauce	27 Pasta with Meat Sauce Dinner Roll Steamed Broccoli Grapes/Peaches	28 Brunch for Lunch French Toast Sticks Sausage Patty Hash Brown Juice Banana/Pineapple	29 Pizza Garden Salad Veggies with Dip Mandarin Oranges/ Apple Slices	EXTENDED FREE MEALS FOR ALL STUDENTS THROUGH THE END OF THE 21/22 SCHOOL YEAR.		

<sup>\*</sup>This institution is an equal opportunity employer\*

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